PHYSICAL SKILLS AND TECHNIQUES (PST)

Summer PST Sessions Online Registration Information

*For students going into 9th grade for the 2015-16 school year ONLY

LOCATION of Class: West Hills Middle School, 8270 South Grizzly Way (5400 West)

SESSION #1: 7:30-11:00 a.m. SESSION #2: 12:00-3:30 p.m.

DATES: June 9 – June 29th (Monday through Friday)

ONE Make-up Day: June 30th (9:00-12:30 p.m.)

Registration: Online ONLY.

Opens: March 12, 2015 at 4:00 p.m.

FEE: \$120 (PAY ONLINE)

You will need your <u>student's ID number</u> to register, which is available from your school counselor. You will also need to <u>create your own account, username & password</u>.

To Register, go to:

1. www.jordandistrict.org

- 2. On the home page, click on Faculty and Staff.
- 3. Click on JPLS. Look for the Jordan GUEST Account.
- 4. Enter your information. <u>Use FirstName.LastName</u> as the User name. Create a Password. Enter in your email address. Verify your email. Click on Save. Click on Log In.
- 5. You will be brought to the Home page. (Look to the right). Click on PST(Physical Skills and Techniques) Summer Class Registration.

Read the PST information and scroll down until you see the sections.

Pick the section you want to register for.

· Click on Register (Section 1 - 7:30 - 11:00 a.m.)

(Section 2 - 12:00 - 3:00 p.m.) You will receive a message:

Please confirm the following information to complete the course registration.

- ·Click Next to continue.
- Please pay online with a credit card. (Visa, MasterCard, Discover ONLY)

Enter in your information for the credit card <u>only once</u>. (If there are many people online at the same time the system may take a few minutes to process your card.

Please enter your information only once and wait. This will prevent the system from overloading and processing your card two or three times. It will notify you when it is complete or has refused payment.

You will receive a message congratulating you of successful registration.

- · Click on My Course List.
- · Click on Take Survey.
- · Click on Take The Survey (box).
- · Fill out the information on the survey.
- · Click Record and Return to Menu. If your survey is all complete you will see a Green check. Incomplete survey's will say unanswered text. Return to survey and complete.

When your registration is complete, Sign Out of the system (upper right-hand corner).

You will receive an email confirming your registration.

Print a copy of your registration form for your records.

The system will alert you if the session is full and will allow you to choose another session, if available. A reminder email will be sent to you five days before your class is scheduled to begin. Your confirmation email and your reminder email will be your only confirmation and reminder for your registered Summer PST class. **Please mark your calendars!**

Course Description & Student Expectations:

- This class is for students exiting 8th grade and entering 9th grade ONLY.
- Rigorous. One semester class is taught in 15 days.
- Students must be able to run a mile in 12 minutes prior to first day of class.
- No discipline issues. Good attitude.
- Attendance is mandatory. Arrive and leave on time. Transportation is up to parent/student.
- Bring water bottle, DAILY.
- Sunscreen is NOT provided. If you need it, bring it.
- PLEASE indicate on the registration form and be sure the teacher knows about any health issues, for example, asthma (inhaler?) allergic to bees (epinephrine pen), diabetic, etc.

It should be understood that some activities are scheduled outside of the time and location that your class is scheduled. These activities are bowling and hiking. Students are responsible for **their own transportation** to these activity sites, which include **Bingham High School** and **All Star Lanes**. A schedule for the off-campus activities, with dates and locations, will be given to your student when the session begins.

Students must be dressed and be ready to begin on the <u>first day</u> of class. Students must bring and wear the following:

- Light-colored, short sleeve t-shirt (LAST name printed on FRONT and BACK with BLACK marker in large, 2" letters)
- Modest shorts or sweats, **NO jeans or cutoffs.**
- May wear their school's P.E. uniform.
- Socks and gym shoes that tie.
- Street clothes are acceptable on golf and bowling days, but must meet the Jordan School District dress code.
- Backpack/fanny pack is needed on the hike to carry water and snacks.
- Daily water bottle

Students will earn a letter grade in this class. Points will be taken off for absences (students are not allowed to miss more than 2 days of class), tardies, behavior infractions, and inappropriate dress. Students will fail on their third absence if they do not attend the make-up day. All parents and students need to be aware that it is mandatory for all students to be present on the final testing day, June 29, 2015.

Students cannot move from one session to the other. They must attend the session for which they originally registered for in order to receive credit. Registrations are taken on a first come first serve basis. Once the session is full, the session will be closed. There can only be 130 students per session. There is NOT a waiting list for PST.